



Hamilton Girls Soccer Club Safety Guidelines

EVERYONE:

1. Individuals, including coaches, players, and families, should stay home if they have tested positive for or are showing COVID-19 symptoms.
2. Individuals, including coaches, players, and families, who have recently had a close contact with a person with COVID-19 should also stay home and monitor their health.

COACHES:

- Coaches must wear masks on field with players during practice.
- Coaches must wear masks on sidelines during games when coaching.
- Take each player's temperature before practices and games using the temperature gun. If any player's temperature is over 100.4 the player cannot participate and must be separated from the team and leave the field/training area.
- Ensure that players do not share equipment – bring their own equipment and water bottles.
- Handle all training equipment (cones, pop-up goals, scrimmage vests, etc)– do not let players pick up, etc.
- Have players put bags, water bottles in designated spots (marked by cones if possible) approx. six feet apart – Players will return to designated spots for water breaks.
- Coach MUST clean/wash scrimmage vests before each practice and game.
- IF YOU THE COACH, TESTS POSITIVE FOR COVID-19 you are to let us know ASAP & follow our guidelines for the situation on our website at: <https://www.hamiltongirlssoccer.com/Default.aspx?tabid=1014943>

PLAYERS

- Masks must be worn walking to fields and walking from fields.
- Do not share equipment or water bottles.
- Players should write their name on their water bottles, bags, & soccer ball
- Will go to designated spots during water breaks.
- Wear masks on sidelines when not playing & try to maintain the 6ft distance off the field.
- As per NJ Youth Soccer, players should not wear masks when playing and engaged in aerobic activity.
- No group celebrations like high 5's, handshakes, etc.

PARENTS

- Take your child's Temperature before practices and games. If over 100.4 your child SHOULD NOT come to the field and notify the coach.
- Notify your player's coach immediately if your child becomes ill for any reason.
- Be sure your child has necessary sanitizing products (hand sanitizer, etc.) with them at every training.
- As per NJ Youth Soccer, visitors and spectators should wear face coverings at all times, unless doing so would inhibit the individual's health or the individual is under the age of two.
- For parents with younger athletes (ages 4 to 9), parents or other household members should monitor their children and make sure that they follow social distancing.
- During games, will sit behind parent line as well as maintain 6ft of separation from other spectators and will wear mask if unable to.
- After practices & games uniforms and equipment MUST be washed and sanitized.
- IF YOUR PLAYER TESTS POSITIVE FOR COVID-19 you are to follow our guidelines for the situation on our website at: <https://www.hamiltongirlssoccer.com/Default.aspx?tabid=1014943>